

**Sytchampton Endowed Primary School – Long Term Plan for PE - Year A**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 and 2	Fundamentals/ ball skills	Gymnastics/ sending and receiving	Dance/ target games	Invasion/ yoga	Team building/ Net and Wall	Athletics/Striking and fielding
Year 3 and 4	Fundamentals/ swimming	Gymnastics/ swimming	Dance/Fitness	OAA/ Golf	Swimming/ Netball	Rounders / Athletics
Year 5 and 6	Volleyball/ fitness	Gymnastics / dodgeball	Dance/ Football	OAA/ Badminton	Basketball/ Swimming	Rounders / Athletics

**Sytchampton Endowed Primary School – Long Term Plan for PE – Year B**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 and 2	Fundamental ball skills	Dance	Gymnastics	Yoga/sending and receiving	Target games/ Net and Wall	Striking and fielding/ athletics
Year 3 and 4	Fundamentals/ swimming	Dance Swimming	Ball skills Gymnastics	Yoga/Hockey	Swimming Tennis	Football/Athletics
Year 5 and 6	Golf/ Fitness	Dance Netball	Yoga Volleyball	Hockey/ Tennis	Tag rugby/ Swimming	Cricket/ Athletics